



SUSSEX PARTNERSHIP NHS FOUNDATIONS TRUST

Children and Adolescent Mental Health Service (CAMHS)

Primary Mental Health Worker (PMHW) Team

The PMHW Team are attached to the local CAMHS Team. The role of the PMHW is to strengthen and support comprehensive CAMHS provision in relation to the early identification, prevention, and intervention children's mental health needs at home and school.

Contact Details:			
Locality	PMHW	Phone number	Days worked
East Sussex	Olivia Trimbee PMHW Team Leader	01323 446070 07771 840 339	Mon – Thu
	Sue Davies PMHW Team Leader	01424 758905 07786 398544	Mon – Fri
	Karen McIlwain PMHW Special Projects, Main focus working with anxiety using CBT	07900 654821	Mon – Wed
Eastbourne and Hailsham			
Eastbourne	Dolmen Domikles	01323 446070 07887 571691	Mon – Thur
Eastbourne and Hailsham	Clare Meredith	01323 446070 07771 978269	Mon – Thur
Hastings and Rother			
Bexhill, Hastings and Rother	Ruth Sequeira	01424 758905 07775 704925	Mon, Tues, Thur
Hastings and Rother	Doug Jack	01424 758905 07824 343656	Mon – Fri (am only Wed)
Lewes, Uckfield, Heathfield and The Havens			
Lewes	Ariel Katz	07769 928331	Mon – Wed
Peacehaven, Newhaven, Seaford	Lindsey Harvey	07887 571746	Mon – Wed
Uckfield and Wealden	Rebecca Lloyd-Williams	01825 745001 07769 932838	Mon - Thu

CAMHS Consultation Line – this is available for professionals from 12 noon to 1pm from Mondays to Fridays – 07786 110175 – to discuss potential referrals; provide advice on appropriate support services; or give advice on how best to continue to provide current support.