

# East Sussex Local Safeguarding Children Board

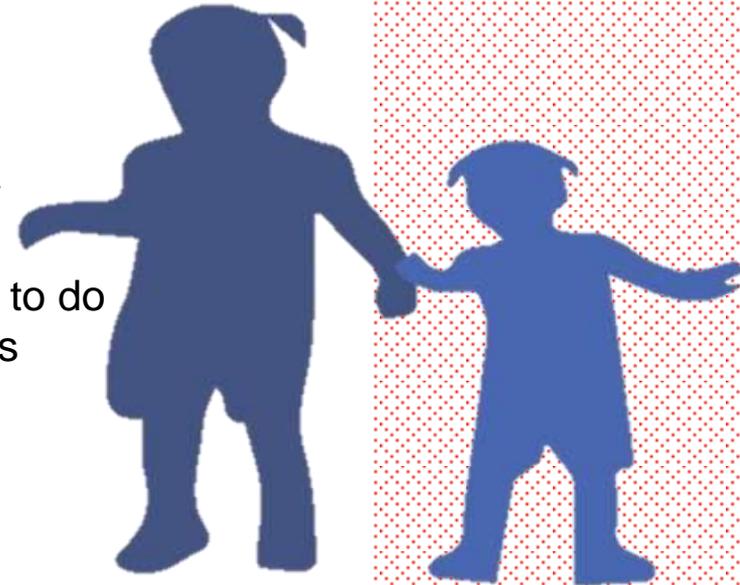
## Annual Report 2015

Children & Young People's Version and Consultation Pack



# What is the East Sussex Local Safeguarding Children Board?

- By law, all areas in England need to have a Local Safeguarding Children Board, or LSCB for short. The LSCB's job is to make sure that all organisations in the area working with children or their families do all they should to keep children safe from harm. In East Sussex this job is done by the East Sussex LSCB.
- East Sussex LSCB is made up of representatives from children's services, Sussex Police, NHS organisations, schools, probation, the youth offending service, voluntary organisations and many other agencies working with children or their families in East Sussex.
- The law says that all organisations working with children and their families must have proper plans for keeping children safe. East Sussex LSCB gives [guidance](#) on what organisations in East Sussex need to do to protect children from abuse and checks that what is done by these organisations actually works.



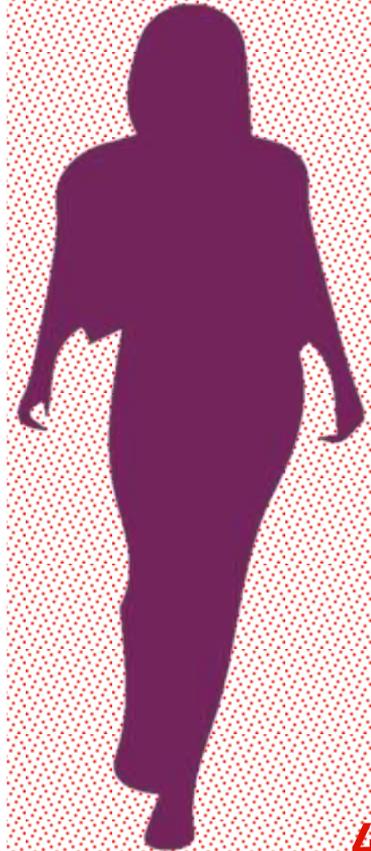
# What were the priorities for East Sussex LSCB in 2014-15?

- Making sure families that need help to bring up their children get this help as soon as possible before things get worse.
- Making sure children and young people who go missing or are at risk of being sexually exploited are kept safe from harm.
- Making sure everyone working with children or their families have the right sort of training to know when children need help and what to do to protect them from abuse.
- Making sure we collect the right data and information so that we know how many children need help, how many children have a child protection plan and all sorts of other data about children in East Sussex so that we know how to plan our services to give the right help at the right time.
- Making sure all organisations check whether the help they give children and their families is good enough and continue to improve their services so that children are always protected.



# How did East Sussex LSCB do in 2014 - 2015?

- We made sure families that needed help got it early enough. By the end of the year, over 6,500 children were being helped by key workers working directly with families to stop problems getting worse. As a result less children needed to have a child protection plan or be looked after.
- The WiseProject is working to protect young people at risk of sexual exploitation. During the year the project received 114 requests for support for a young person.
- During the year, a national charity called Catch22 provided a mentoring service to young people who ran away from home. There is now a national Runaway Helpline which provides information, help, and support to young people who are thinking of running away or if they are already away.
- Over 1100 staff, working with children and families from organisations across East Sussex, came to our training. We ran 57 courses on all sorts of topics, including domestic abuse, child sexual exploitation, drug abuse and children's mental health problems and behavioural problems. The courses gave staff members training on what they should do to respond to these concerns and how best to help children.
- We published reports of two serious case reviews and worked on two further reviews that are due to be published in 2016. These reviews are carried out when something serious happens to a child, and abuse or neglect is suspected, to find out whether organisations could have prevented the incident. You can find these reviews on our website at [www.eastsussexlscb.org.uk](http://www.eastsussexlscb.org.uk).



# What are East Sussex LSCB's priorities in 2015-2016?

- Support all schools across East Sussex to make sure they understand their responsibilities to keep children safe from abuse.
- Develop our work to prevent and support children being sexually exploited.
- Prioritise work with families where domestic abuse is resulting in emotional abuse of children.
- Strengthen the support for children and young people with mental health difficulties to ensure they are safe.
- Work together to ensure that children and young people know how to keep themselves safe online.



# East Sussex LSCB want young people to be involved

- How do you think the LSCB should be tackling our five key priorities?
- Do you have any good ideas about how we can engage with children and young people on these topics?
- What have we missed? What do you and your friends worry about?
- Complete one of the following exercises and feedback to us on [lscbcontact@eastsussex.gov.uk](mailto:lscbcontact@eastsussex.gov.uk) and [victoria.jones@eastsussex.gov.uk](mailto:victoria.jones@eastsussex.gov.uk)



# Online Safety

- What are some of the risks and issues you encounter when online?
- Discuss in pairs or groups and rank them in order of how concerned you are about them.

Online grooming

cyberbullying

sexting

Pornography

Online reputation



# Sexual exploitation

Watch this video about consent and discuss.....



- What is consent?
- What things might affect someone's ability to consent?
- In what situations could consent not be given?

# Safeguarding in Schools

- How do you rate the advice given to you on keeping safe at school?
- What would you like to see more of in lessons at school?

Keeping yourself safe online

Self-harm

Drugs and alcohol use

Emotional health

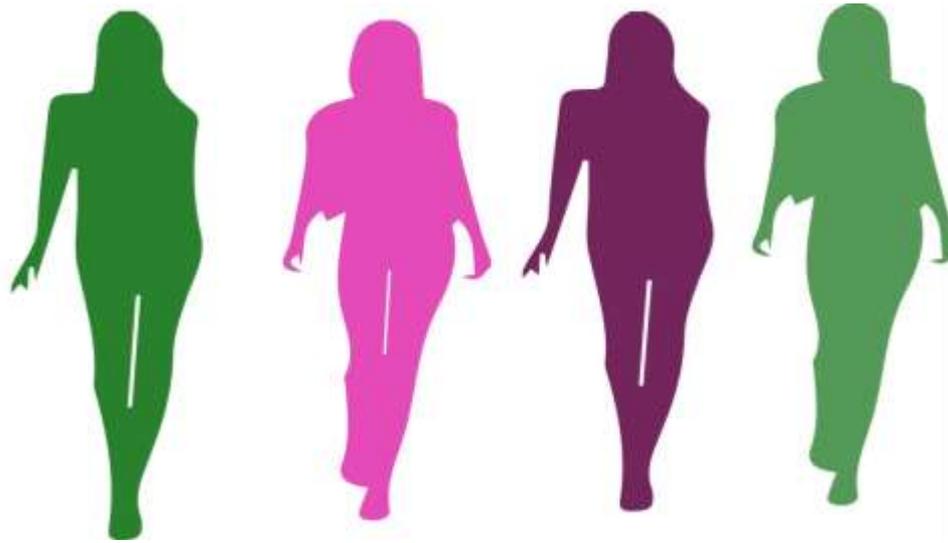
cyberbullying

Sex and relationships

Bullying



# Mental Health



- What are the most common mental health issues amongst young people?
- How can you maintain positive emotional and mental wellbeing?

Self harm

Depression

Drugs and alcohol use

Body image

Anxiety

Eating disorders

# Healthy relationships and domestic abuse

- What makes a healthy relationship?
- What are the signs of an unhealthy relationship?
- What things should never happen in a relationship? What would be 'crossing the line'?
- Where would you go to get help?

Trust

Lack of respect

Having fun

Controlling  
behaviour

Feeling  
supported

Verbal or  
physical abuse

Honesty

Feeling safe

jealousy

# If you are affected by any of these issues and want to talk....

- Talk to your teacher or worker. Tell them immediately if you feel unsafe or worried about something.
- Talk to [ChildLine](#) if you are worried about anything and need someone to talk to. Call them on 0800 1111.
- If you have run away from home, or are thinking of running away, and need help, call or text the Runaway Helpline for free on 116 000.
- Are you at risk of sexual exploitation? Do you feel you are being pressured or threatened into having sex with someone? Is this person older than you? Are they offering you gifts, for example, money, drugs, alcohol, a place to stay or other things, in exchange for sex? You need to speak to the [WiSE Project](#). Call them on 01273 222583 or email [wise@sussexcentralymca.org.uk](mailto:wise@sussexcentralymca.org.uk).
- If you are really worried about your safety, call 999. Don't wait – it could be dangerous.

